

APPENDIX A

NOTICE OF MAINTENANCE OF COMPETENCY (MOC) REQUIREMENTS

(Included in OOM Maintenance of Competency Handbook)

MEMBERS WITH AN OPTICIANS LICENSE

Members holding an Opticians License (including inactive members) who became licensed prior to September 1, of year one of the three year MOC cycle (e.g. 2015-16)

14 hours of MOC education credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 4 credits shall be accumulated for MOC education activities in eyeglasses practice
- A minimum of 4 shall be accumulated for MOC education activities in contact lens practice.
- Of the total 14 hour requirement, a maximum of 6 credits may be substituted by an activity in the "Related Field "category (**Appendix C**)

Members holding an Opticians License who become licensed during the first year of the MOC education cycle – (eg. 2015-16)

10 hours of MOC education credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 3 credits shall be accumulated for MOC education activities in eyeglasses practice.
- A minimum of 3 credits shall be accumulated for MOC education activities in contact lens practice.
- Of the total 10 hour requirement a maximum of 4 credits may be substituted by an activity in the "Related Field "category (**Appendix C**)

Members holding an Opticians License who become licensed during the second year of the MOC education cycle – (eg. 2016-17)

5 hours of MOC education credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 2 credits shall be accumulated for MOC education activities in eyeglasses practice.
- A minimum of 1 credit shall be accumulated for MOC education activities in contact lens practice.
- Of the total 5 hour requirement, a maximum of 2 credits may be substituted by an activity in the "Related Field "category (**Appendix C**)

Members holding an Opticians License who become licensed during the third year of the MOC education cycle – (eg. 2017-18)

0 hours of MOC education credits to be earned to the end of the current MOC education cycle. The optician will be expected to earn the full complement of credits during the next three-year MOC education cycle.

MEMBERS WITH A CONTACT LENS LICENSED OPTICIAN LICENSE

Members who are Contact Lens Licensed Opticians (including inactive members) who were licensed in contact lenses prior to September 1, of year one of the 3 year MOC cycle (e.g. 2015-16)

18 hours of MOC credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 8 shall be accumulated for MOC education activities in contact lens practice.
- A minimum of 4 credits shall be accumulated for MOC education activities in eyeglasses practice.
- Of the total 18 hour requirement a maximum of 6 credits may be substituted by an activity in the “Related Field “category (**Appendix C**)

Members who are Contact Lens Licensed Opticians and become Contact Lens Licensed Opticians during the first year of the three year MOC cycle – (e.g. 2015/16)

16 hours of MOC education credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 6 credits shall be accumulated for MOC education activities in contact lens practice.
- A minimum of 4 credits shall be accumulated for MOC education activities in eyeglasses practice.
- Of the total 16-hour requirement a maximum of 6 credits may be substituted by an activity in the “Related Field “ category (**Appendix C**)

Members who are Contact Lens Licensed Opticians who become Contact Lens Licensed Opticians during the second year of the three year continuing education cycle – (eg. 2014/15)

15 hours of MOC credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 5 credits shall be accumulated for MOC education activities in contact lens practice.
- A minimum of 4 credits shall be accumulated for MOC education activities in eyeglasses practice.
- Of the total 15-hour requirement a maximum of 6 credits may be substituted by an activity in the “Related Field “category (**Appendix C**)

Members who are Contact Lens Licensed Opticians and become Contact Lens Licensed Opticians during the third year of the three year MOC education cycle – (eg. 2017/18)

14 hours of MOC credits to be earned over a three-year MOC education cycle, to be comprised of:

- A minimum of 4 and a maximum of 8 credits shall be accumulated for MOC education activities in contact lens practice.
- A minimum of 4 and a maximum of 6 credits shall be accumulated for MOC education activities in eyeglasses practice.
- Of the total 14-hour requirement a maximum 6 credits may be substituted by an activity in the “Related Field “category credits. **(Appendix C)**

APPENDIX B

CATEGORY A

A member must obtain 75% of their MOC credits from activities organized and provided by the following list of providers:

- The Opticians of Manitoba
 - Including acting as a council member
 - Including teaching the Eyeglasses and Contact Lens Course
- Canadian and American National Opticians Associations
- Canadian and American Provincial or State Opticians Associations
- Provincial Regulated Health Professions Agencies, where the activity is accredited for their regulated members

CATEGORY B

A member may obtain the remaining 25% of their MOC credits by participating in the following activities:

- Activities having content that can be applied to the practice of opticianry
 - (e.g. First Aid Courses, CPR, Management Sessions)
- Medical Missions
- Publication of an article on opticianry
- Publication of a research paper related to opticianry
- Activity on a specific committee or volunteer for a committee related task
- In office presentations
- Supplier seminars not provided by agencies in Category A
- Attendance at the OOM AGM
- "Related Field " (formerly "Other")Activities - **Appendix C**

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APPENDIX C

“RELATED FIELD¹ (RF)” (FORMERLY OTHER) CATEGORY B CREDITS

TYPE OF ACTIVITY	CREDITS
Lectures, Seminars , Workshops and presentations	1 EC ² or RF ³ credit/hour (one hour is min 50 minutes)
Attendance at OOM AGM	2 EC credits /year
Member of Council	2 'EC credits /year
Practical Examination Examiner	1 credit/hour, maximum 4 credits/day in the same category
Course Instructors	4 credits per year in that category
Course Guest Lecturers	1 credit in that category (maximum 4 credits)
Activity on a Specific Committee	Determined by the Standards Committee (min. 1 credit to max.4 credits per year (EC or RF).
Volunteers for Related Tasks	1 EC credit for ½ day,2 EC credits for a full day
Performing Vision Screening at an Elementary School	1 EG credit for ½ day ,2 EG credits for full day
Presenting at 'Careers Day'(school or Job Fair)	1 EC credit for ½ day, 2 EC credits for full day
Writing an Article on Opticianry	Apply to Standards Committee
Medical Missionary Work	4 EC credits per week of mission
Supervision of full –time practicum course of a student registered in an Optical Training program (1000 hours)	6 EG credits (max.1 supervised course/year)
Supervision of part –time practicum course of a student registered in an Optical Training program (500 hours)	3 EG credits (maximum 1 supervised course/year)
Supervision full – time practicum student registered in in a Contact Lens training program (250 hours)	6 CL credits (maximum 1 supervised course/year)
Supervision of part–time practicum (student i.in Contact Lens training program (150 hours)	3 CL credits (maximum 1 supervised course/year)

² EC means Eyeglasses or Contact Lenses

³ Related Field (General/ Business/ Other). Credits in this category represent topics associated with general business practices. Examples include:

- Financial and commercial services
- Sales and marketing techniques
- Financial, business planning
- Management & employer specific courses
- Ophthalmic surgical techniques
- Emergency medical courses, emergency intervention, CPR & First Aid courses